

1 CIRCUMSTANCES RESULTING IN THE REVIEW

Adult N died by suicide at aged 20 years old. At the time of her death, she was living in the CTM region, however she was previously a Child Looked After by an English Local Authority. Prior to her death, she was subjected to serious domestic abuse, abused substances, self-harmed and had ongoing suicidal thoughts. It was agreed that the case met the criteria for an extended Adult Practice Review.



EXTENDED ADULT PRACTICE REVIEW

ADULT N

2 BACKGROUND

Adult N moved back to this area when she was 16 and reconnected with her birth mother. She had previously been detained under the Mental Health Act, she had a diagnosis of mixed disorder of conduct and emotions but refused therapeutic input. As an adult she was involved in anti-social behaviour and was a victim of domestic abuse. She was deemed to have capacity and continued to refuse interventions and support.

7 RECOMMENDATIONS

There are 5 recommendations for improvement from this review. Each recommendation is linked to the learning points identified in stages 4-6 below. These form an action plan that will be monitored by the Regional Safeguarding Board.

All Safeguarding Board partner agencies are encouraged to share the learning from this review.



3 METHODOLOGY

The Reviewers met Adult N's birth mother who described her as being at her best when she was with her first boyfriend who tragically died. This had a significant impact on Adult N's mental wellbeing.

A Learning Event was held with representatives from agencies who had worked with Adult N. A timeline of significant events was shared, and learning was identified.

6 PRACTICE AND ORGANISATIONAL LEARNING

4. Transition to Adulthood – transition arrangements should be considered at key points within a young person's journey

5: The importance of evidence practice supporting step down from care delivery – should always be adopted to ensure a consistent approach

5 PRACTICE AND ORGANISATIONAL LEARNING

2. Transfer of responsibilities under the Mental Health Act – practitioners need to familiarise themselves with the Act when supporting young people who have been detained

3. The Impact of ACES, sudden bereavement, and loss – could have been considered via a formulation meeting to consider appropriate support for Adult N.

4 PRACTICE AND ORGANISATIONAL LEARNING

1. Support mechanisms for those placed in the local authority from outside – cross border issues can be a challenge, there should be discussions about the support that can be provided locally, and consideration given to commissioning local services which can continue into adulthood.