

**Stop It Now!**

WALES | CYMRU

Helping prevent  
child sexual abuse

# Stop It Now! Wales

## Working together to prevent child sexual abuse

Over the last year **Stop It Now! Wales** has been busy making new resources for parents, carers and professionals, as well as updating existing ones, to ensure that adults have the support and advice they need to prevent child sexual abuse.

Below you'll find more information on these and our upcoming training sessions, and suggestions for how to share with your networks to help us keep children safe from harm.

If you have any questions about the packs or would like more information, please just get in touch: [wales@stopitnow.org.uk](mailto:wales@stopitnow.org.uk).

To keep our website and resources as effective as possible, we would very much appreciate you taking our short survey. The survey is completely confidential and will take a couple of minutes to complete. To take the survey, please [visit here](#).

### Who we are

Since 2008, we've been working across Wales with local authorities, safeguarding boards, police forces, the Welsh government, voluntary organisations, and families and communities to prevent child sexual abuse.

Our anonymous Stop It Now! helpline, secure messaging service and live chat give the public and professionals a confidential place to discuss concerns about child sexual abuse. We work with adults worried about:

- their own thoughts or behaviour, offline and online
- the offline or online behaviour of another adult
- a child or young person's offline or online sexual behaviour.

Alongside our helpline, hundreds of thousands have used our [self-help resources](#) to get help managing their thoughts and behaviours, both online and offline.

### Why we need your help

Sexual abuse affects around 1 in 6 children across the UK. Our resources and training help parents, carers and professionals know what they can do to protect children from harm. We can support you if you have concerns about an adult or child. We can also help if something has already happened. Raising awareness of these resources is vital in order to protect children from harm and stop people from offending.

We would be grateful if you could share our resources and information with your own networks so that as many people as possible have the knowledge they need to keep children safe.

If you have any questions or would like to discuss partnerships, please contact our comms team: [comms@stopitnow.org.uk](mailto:comms@stopitnow.org.uk).

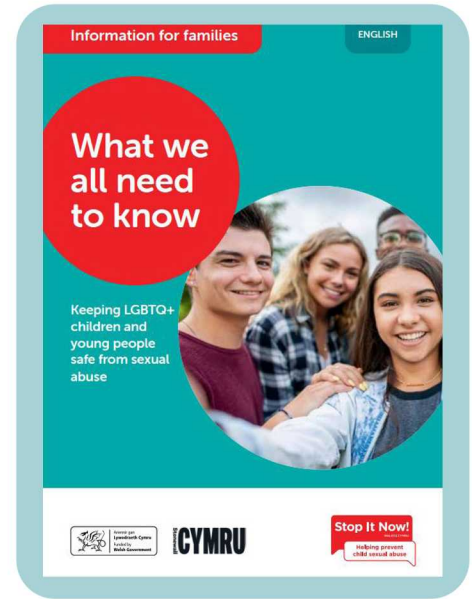
## Our resources for parents, carers and professionals

### What we all need to know leaflets

Our 'What we all need to know' leaflets contain vital information on how to protect children from sexual abuse. They have advice on how to prevent harm, how to spot warning signs, in both adults and children, and where to go to get further support.

Some children are more vulnerable to sexual abuse, including children from minority ethnic backgrounds, those with learning difficulties (both children and parents) or LGBTQ+ children and young people. That's why we worked with Ethnic Minorities and Youth Support (EYST), Learning Disability Wales (LDW), and Stonewall Cymru to make the leaflets.

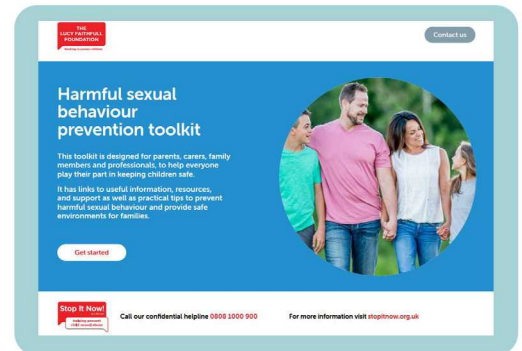
They are available to download on our [website](#) in English, Welsh and 12 other languages and an easy read format.



### Harmful sexual behaviour prevention guide

Around one third of child sexual abuse is carried out by under 18s. That's why we made a guide for parents, carers and professionals to help understand what harmful sexual behaviour looks like in children and young people and how to create a safe environment for families.

The guide is available to download on the our [website](#) and is available in English and Welsh.



### Child sexual abuse investigations: a guide for parents and carers

An investigation into possible child sexual abuse is a stressful time for families. Our guide has practical information about what will happen during an investigation about your child being sexually abused.

The guide also includes self-care resources and information for families and children, to support and help those going through the investigation process.

Find out more and download this leaflet on the [Stop It Now! Wales website](#), in both English and Welsh.



## Parents Protect learning programme

These are 12 short films to help prevent child sexual abuse. They are designed for parents, carers and professionals to understand the potential warning signs of abuse in adults and children, how abuse happens, why children don't tell about abuse and what to do if they have concerns.

The videos can be found on the [Parents Protect website](#) and are available in both English and Welsh.

## Our training

### Train the trainer

This session teaches participants to deliver our Parents Protect presentation to families and parents, raise awareness and share information on the facts around child sexual abuse and its prevention. The two-part event will give participants the skills and confidence, with up-to-date exercises and materials, to gain their trainer status.

These sessions are suitable for professionals working with parents or carers.

Upcoming sessions: [10 & 11 January 2022](#);  
[14 & 15 February 2022](#)

[Find out more](#)

or

[Book now](#)

### Public education sessions

Our public sessions cover a range of topics and are suitable for different audiences, including:

- parents and carers on child sexual abuse prevention
- professionals and safeguarding in different contexts
- internet safety and digital resilience
- harmful sexual behaviour
- child sexual exploitation awareness

For more information on any of the above sessions, please visit our [website](#) or contact the [Stop It Now! Wales team](#).

## How you can help us keep children safe

We would be grateful if you could share our resources and information with your own networks so that as many people as possible have the information they need to keep children safe.

### Example social media posts:

If you're concerned about the behaviour of a child or young person, we're here to help. The @StopItNowWales confidential helpline offers non-judgemental support and advice on how to keep children safe. Call 0808 1000 900 or visit: <https://bit.ly/3AANQmA>

Call the confidential @StopItNowWales helpline if you have any concerns about child sexual abuse and its prevention. Their friendly advisors will provide you with non-judgemental support. Call 0808 1000 900 or visit: <https://bit.ly/3AANQmA>

## Example social media posts continued:

@StopItNowWales's new 'What we all need to know' leaflets, aim to share vital information with parents, carers and professionals on how to keep children safe from sexual abuse. Find out more: <https://bit.ly/3AANQmA>

@StopItNowWales has a guide for parents and carers to provide practical advice on what will happen if there is an investigation into their child being sexually abused: <https://bit.ly/3AANQmA>

Having sexual conversations with under 16s is illegal. If you or someone you know is acting illegally online, there is help to stop. Call the @StopItNowWales confidential helpline on 0808 1000 900 or visit: <https://bit.ly/3AANQmA>

## Suggested newsletter or website copy:

{Insert organisation name} is pleased to support Stop It Now! Wales in their aim to prevent child sexual abuse. Since 2008, they have been working across Wales with local, voluntary and statutory organisations, as well as families, to help keep children safe from sexual abuse, online and offline.

Stop It Now! Wales has a confidential helpline, available to anyone with concerns about child sexual abuse, including those concerned about themselves, those worried about another adult or young person, professionals looking for advice and parents in need of support. They also have a live chat, secure messaging service and anonymous online self-help.

They also have a [range of resources](#) for parents, carers and professionals, including leaflets on what we all need to know about child sexual abuse, a harmful sexual behaviour prevention guide and information on what happens if there is a sexual abuse investigation with your child.

For more information visit: [Stop It Now! Wales](#) or call 0808 1000 900.

You can link to the [Stop It Now! helpline](#) page on your website or in any internal or external newsletters. If possible, you could also include a statement of support for the work that we do to protect children from abuse, both online and offline.

## Stop It Now! helpline

Our confidential [Stop It Now! helpline](#) (0808 1000 900) is here for anyone with concerned about child sexual abuse and its prevention. Our experienced advisors support anyone worried about child sexual abuse prevention, and can help professionals with specific cases or with general information on child safety.



We also help anyone concerned about their own or another adult or young person's thoughts, feelings and behaviour towards children, as well as anyone concerned about a child or young person. You can ask to speak to our advisors in both English and Welsh.

If you're not ready to speak to someone yet, you can use our [live chat or secure messaging service](#).

## Consultation groups

Are you a parent, carer or professional working with other parents? Are you interested in helping us develop our work across Wales?

We are looking for participants to give us feedback through targeted focus groups. This is an opportunity to meet likeminded people and discuss how best to keep children safe, both online and offline.

Please contact the [Stop It Now! Wales team](#) for more information and to register your interest.

## Newsletter

To hear more about our work, please [sign up](#) to our monthly newsletter.

## Early Intervention project

This programme provides educational intervention for families identified as at risk or vulnerable by statutory or voluntary services, for child sexual abuse or exploitation. Families will learn about how to create a family safety plans and how best to protect children and young people, both online and offline.

For more information on these sessions, visit the [Stop It Now! website](#).

We welcome feedback on our new partner packs, so please do [get in touch](#) if you have any comments or would like more information on our work.

For more information please contact:

Stop It Now! Cymru  
c/o NSPCC Cymru Wales, Diane Engelhardt House,  
(Unit 2) Treglown Court, Dowlais Road,  
Cardiff, CF24 5LQ

Confidential helpline: 0808 1000 900

[stopitnow.org.uk/wales](http://stopitnow.org.uk/wales)  
[parentsprotect.co.uk](http://parentsprotect.co.uk)  
[lucyfaithfull.org.uk](http://lucyfaithfull.org.uk)

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